

# LiquaFiber™

100% Natural Fiber Source



- 5** 5 Grams of Fiber per Tablespoon
- All Gentle, Natural, Healthy
- Natural Bulking Agent
- Flavorless

### Features:

- Helps maintain health regular laxation
- 100% natural fiber source
- 1/2 oz. serving offers 5 grams of soluble dietary fiber
- Reduce volume intake for fluid restricted patients
- Prebiotic effects for good intestinal health
- Helps maintain healthful glucose levels
- Sugar, Gluten, and Lactose free
- Low sodium

Nutrition Facts	
Serving Size .5 fl. oz	
Servings Per Container 33	
Amount Per Serving	
Calories 30	Calories from fat 0
%Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Phosphorus</b> 2.8 mg	
<b>Potassium</b> 6mg	
<b>Total Carbohydrates</b> 8g	<b>0%</b>
Dietary Fiber 5g	
Soluble Fiber 5g	
Sugars 0g	
<b>Protein</b> 0g	
<small>*Percent Daily Values are based on a 2,000 calorie diet.</small>	

LiquaFiber™ poured into your favorite beverages or food will not alter their original flavors

### Suggestions:

**Liquids:** Fruit Juices, Coffee, Tea, Soda, Soup, Tea, Gravy, Sauces, Salad Dressings, ect...

**Foods:** Yogurt, Apple-sauce, Oatmeal, Mashed Potatoes, Pudding, Gelatin, ect...

**Product # GH 12**  
6-16 oz. bottles/ case

**Ingredients:** Purified Water, Maltodextrin\* (soluble dietary fiber), glycerin, phosphoric acid, potassium sorbate, and sodium benzoate.  
\* Derived from natural corn starch.

**LiquaFiber™ has been proven to reduce the need for:**

- Metamucil®
- Colace®
- Senna™
- Milk of Magnesia®
- Fiber Juices
- Miralax™
- Lactulose®
- Enemas

**A liquid Fiber that eliminates:**

- Dissolving Problems
- Texture/Grit Problems
- Taste Problems

